





Granola with Pumpkin and Flax Seeds

Ingredients: Whole Rolled Oats, Cane Sugar, Crisp Brown Rice (Brown Rice, Brown Rice Syrup, Salt), Flax Seeds, Expeller Pressed Canola Oil, Pumpkin Seeds, Molasses, Cinnamon, Salt, Mixed Tocopherols (Vitamin E To Maintain Freshness).

MAY CONTAIN TREE NUTS, SESAME, WHEAT, AND SOY,

Nutrition	Amount/serving	%DV	Amount/serving	%DV
Facts	Total Fat 10g	13%	Total Carb. 40g	15%
Serving size 2/3 Cup (59g) Calories per serving 270	Sat. Fat 1g	5%	Fiber 5g	18%
	Trans Fat 0g		Total Sugars 12g	
	Cholesterol 0mg	0%	Incl. 11g Added Suga	rs 22%
	Sodium 55mg 2%		Protein 6g	
	Vitamin D 0% • Calo	ium 2%	• Iron 10% • Potassi	um 4%

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